

	Mån	Tis	Ons	Tor	Fre	Lör	Sön
05.00 - 06.00	Open gym	Nyårsafton	Nyårsdagen	Open gym	Open gym		
06.00 - 07.00	Open gym	Open gym	Open gym	Open gym	Open gym		
07.00 - 08.00	Open gym	Open gym	Open gym	Open gym	Open gym		
08.00 - 09.00	Open gym	Open gym	Open gym	Open gym	Open gym	Open gym	
09.00 - 10.00	Open gym	Open gym	Open gym	Open gym	Open gym	Open gym	
10.00 - 11.00	Open gym	Open gym	Open gym	Open gym	Open gym	Yoga	
11.00 - 12.00	WOD	Open gym	Open gym	WOD	WOD	Prova på pass	
12.00 - 13.00	Open gym	Open gym	Open gym	Open gym	Open gym	11.30-12.30	
13.00 - 14.00	Open gym	Open gym	Open gym	Open gym	Open gym	WOD	Open gym
14.00 - 15.00	Open gym	Open gym	Open gym	Open gym	Open gym	WOD	Open gym
15.00 - 16.00	WOD	Open gym	Open gym	Open gym	Open gym	Open gym	WOD
16.00 - 17.00	WOD	Open gym	Open gym	WOD	WOD	Open gym	Open gym
17.00 - 18.00	Open gym	Open gym	Open gym	WOD	WOD	Open gym	Open gym
18.00 - 19.00	Open gym	Open gym	Open gym	WOD	Open gym	Open gym	Open gym
19.00 - 20.00	Open gym	Open gym	Open gym	Open gym	Open gym	Open gym	Open gym
20.00 - 21.00	Open gym	Open gym	Open gym	Open gym	Open gym		
21.00 - 22.00	Open gym	Open gym	Open gym	Open gym	Open gym		

Open gym = Obemannat
 Open gym = Oftast bemannat